University of Louisville

**College of Education and Human Development**

Minor in Exercise Science

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| **Name** | |  | | | | | | | |  | Education Advising and Student Services | | |
| **Address** | | |  | | | | | | |  | **College of Education and** | | |
|  | | | | | | **Zip** | |  |  | **Human Development** | | |
| **Phone #** | | |  | | | Other Phone # | |  | |  | **University of Louisville** | | |
| Student ID# | | | |  | | | | | |  | **Louisville, KY 40292** | | |
| Email address | | | | |  | | | | |  | **(502) 852-5597** | | |
| Advisor | |  | | | | | | | |  | |  |

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| **COURSE PREFIX** | **COURSE NUMBER** | **COURSE TITLE** | | **CREDIT HOURS** | **TENTATIVE SEMESTER OFFERED** | **HOURS EARNED** | **GRADE EARNED** |
| HSS | 202 | Human Anatomy & Physiology (*BIO 260 is an approved substitute*) | | 3 |  |  |  |
| HSS | 320 | Growth and Motor Development Across the Lifespan | | 3 |  |  |  |
| HSS | 387 | Biomechanics (prerequisite: HSS 202 & HSS 320) | | 3 |  |  |  |
| HSS | 388 | Principles of Athletic Conditioning (prerequisite: HSS 387) | | 3 |  |  |  |
| HSS | 394 | Foundations of Exercise Physiology (prerequisite: HSS 202) | | 3 |  |  |  |
| HSS | 395 | Fitness Assessment and Prescription (prerequisite: HSS 387) | | 3 |  |  |  |
| HSS | 396 | Lab Methods in Fitness Evaluation (prerequisite: HSS 387) | | 3 |  |  |  |
| **Minimum total hours:** | **21** |

**Exit Requirements:**  A grade point average of *2.50 is required for the Exercise Science minor. All courses must earn a C- or above.*

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| Program sheet Addendum | Y |  |  | N |  |

THIS PROGRAM SHEET MUST BE SIGNED BY THE ADVISOR AND THE STUDENT AND SUBMITTED TO THE EDUCATION ADVISING AND STUDENT SERVICES OFFICE BEFORE THE STUDENT CAN BE UNCONDITIONALLY ADMITTED TO THIS PROGRAM.

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| Student Date |  | Advisor Date |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Copy to:** | EASS |  | Student |  | Advisor |  | Dept. |  |